

Original Research Article**The bi-flavonoid complex kolaviron reduces cadmium-induced cytotoxicity and production of reactive oxygen species by suppressing inflammatory response****Abstract**

The effect of kolaviron (a bi-flavonoid complex extracted from *Garcinia kola*) on cadmium (Cd)-induced cell death/ production of reactive oxygen species (ROS) in monocyte U937 cells and production of inflammatory markers/ antioxidant enzymes in U937-derived macrophages was investigated. In the first experiment, U937 cells were incubated with or without kolaviron for 24 h before exposed to Cd (10 μ M). Cell viability and ROS production were later assessed via MTT reduction and DCHF assays respectively. In the other experiment, U937 cells were transformed to the macrophage form using phorbol 12-myristate 13-acetate and incubated with or without kolaviron for 24 h before exposed to Cd. Subsequently, production of TNF- α , IL-6 were analysed via cytokine ELISA and the expression of NF- κ B, iNOS, SOD and catalase were assessed using RT-PCR. Results revealed that Cd caused significant cell death and production of ROS in U937 cells which were reduced by kolaviron in a dose-dependent manner ($p < 0.05$). Kolaviron also reduced Cd-mediated secretion of TNF- α and IL-6 in U937-derived macrophages which was concentration-dependent for the reduction of TNF- α ($p < 0.05$). The bi-flavonoid complex also reduced Cd-mediated expression of the transcription factors (NF- κ B and iNOS) and the antioxidant enzymes (SOD and catalase) but the observation was only concentration-

1 dependent for the reduction of catalase ($p < 0.05$). These shows that kolaviron reduced Cd-
2 mediated alterations in monocyte U937 cells and macrophages. Implications are discussed.

3 *Keywords: Garcinia kola; kolaviron; cadmium; macrophages; cell viability*

4

5 **1. INTRODUCTION**

6 Cadmium (Cd) is one of the most toxic environmental pollutants whose levels are raised due
7 to anthropogenic activities [1-2]. Human activities that produce cadmium include use of
8 automobiles, batteries, paints, etc. These activities seem to be indispensable to life as such
9 human exposure to cadmium will be continuous [3]. Human beings are exposed to Cd via
10 food consumption, smoking and probably contaminated drugs however toxicity depends on
11 the amount ingested, entry rate, distribution and excretion [4-7]. Following uptake, cadmium
12 is mainly retained in the kidney where it binds to albumin and cystein-rich protein
13 metallothionein for excretion however the toxicant causes significant renal tubular damage
14 [5]. Cadmium also causes liver damage, teratogenic effects, neurotoxic effects and cancer [8-
15 10].

16 Plants are widely used in traditional medicine for the treatment of various ailments thus have
17 attracted a lot of attention all over the world. *Garcinia kola* Heckel (Clusiaceae) is a medium
18 sized plant valued in many part of Western and Central Africa whose seeds are consumed to
19 treat cough, liver diseases, laryngitis, infections and inflammation [11-13]. Kolaviron is a bi-
20 flavonoid complex isolated from *Garcinia kola* with immense antioxidant power. It has been
21 reported that the complex has anti-nephrotoxic, anti-diabetic, anti-diabetogenic, anti-
22 inflammatory and anti-microbial effects [11, 14-17]. This current work investigates the effect
23 of kolaviron on cadmium-induced toxicity and production of reactive oxygen species (ROS)
24 in the monocyte cell line U937. The effect of kolaviron on cadmium-mediated alterations of

1 some transcription factors and antioxidant enzymes in U937-derived macrophages was also
2 reported.

3 **2. MATERIALS AND METHOD**



4 **2.1 Materials**

5 Cadmium chloride, *L*-glutamine, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl-tetrazolium
6 bromide (MTT), dimethyl sulfoxide (DMSO), 2',7'-dichlorohydrofluorescein diacetate
7 (DCHF-DA) and phorbol 12-myristate 13-acetate (PMA) were obtained from Sigma-Aldrich
8 (USA). Penicillin, streptomycin and all antibodies were purchased from Gibco (USA). All
9 other chemicals were of analytical grade and commercially available.

10 **2.2 Maintenance of cell culture**

11 The monocyte cell line U937 obtained from the American Type Culture Collection
12 (Rockville, MD, USA) was maintained in RPMI-1640 medium (Sigma-Aldrich, USA) as
13 described [18]. Cells were seeded in flasks and grown in RPMI-1640 containing 10 % heat
14 inactivated fetal calf serum, 2 mM *L*-glutamine, 100 U/mL streptomycin and penicillin (100
15 mg/mL). Cells were kept at a temperature of 37°C in an atmosphere of 5 % CO₂/95 % air and
16 maintained at 5 x 10⁴/mL.

17 **2.3 Extraction of kolaviron**

18 Kolaviron was extract from *Garcinia kola* seeds according to Iwu [19]. Briefly, 4 kg of the
19 powdered seeds were soxhlet-extracted with light petroleum ether (bp 40–60°C) for 24 h. The
20 defatted dried marc was repacked and extracted with acetone. The extract was concentrated
21 and diluted twice its volume with water and re-extracted with ethylacetate (6×300 ml). The
22 ethylacetate fraction was concentrated to give a golden yellow solid known as kolaviron.

23

1 **2.4 Cell viability and ROS production**

2 Two hundred microlitres of cells (at 5×10^4 cells/mL) were delivered into the wells of culture
3 plates. In order to evaluate the effect of kolaviron on cell viability, cells were incubated with
4 or without kolaviron (10 $\mu\text{g/mL}$ or 25 $\mu\text{g/mL}$) for 24 h before exposure to 10 μM Cd (as
5 cadmium chloride). For controls, cells were supplemented with equivalent volumes of RPMI-
6 1640. One hour after addition of Cd, cell viability was assessed via the MTT reduction assay
7 as reported [20]. Briefly, MTT was added to each culture to a final concentration of 0.5
8 mg/mL and incubated for 1 h at 37°C. MTT was aspirated and culture supplemented with
9 DMSO. Absorbance was finally measured at 570 nm using a microplate reader.

10 The production of ROS was assessed based on the oxidation of 2',7' -
11 dichlorohydrofluorescein by intracellular peroxides as reported [21] with a slight
12 modification. Twenty-four hours following the addition of kolaviron (10 $\mu\text{g/mL}$ or 25
13 $\mu\text{g/mL}$), medium was removed and replaced with RPMI-1640 supplemented with 50 μM
14 DCHF-DA and incubated for 30 min at 37°C. Cells were washed with 0.02 M phosphate
15 buffered saline (pH 7.4) and incubated with Cd (10 μM) for 1 h. Fluorescence of cells was
16 measured at excitation and emission wavelength at 485 nm and 530 nm respectively.
17 Antioxidant activity was expressed as percent inhibition of intracellular ROS following Cd
18 exposure.

19 **2.5 Secretion of cytokines**

20 Cells were transformed to the macrophage form using PMA as described [18]. Medium was
21 removed and replaced with kolaviron (10 $\mu\text{g/mL}$ or 25 $\mu\text{g/mL}$). Twenty-four hours later, Cd
22 (10 μM) was added and the supernatant of each cell culture analyzed for the production of
23 tumour necrosis factor alpha (TNF- α) and interleukin 6 (IL-6) 1 hr later via cytokine ELISA
24 as reported [18].

1 2.6 RNA isolation and RT-PCR

2 Following the transformation and treatment of cells with kolaviron and Cd (as in 2.5 above),
 3 total RNA was extracted from cells (after removing supernatants) using TRIzol reagent
 4 (Invitrogen) and quantified by measuring absorbance at 260 nm. The cDNA was synthesized
 5 using a Revert Aid cDNA synthesis kit according to the manufacturer's protocol. For RT-
 6 PCR, 1 µg of the resulting cDNA was used to amplify regions specific to nuclear factor
 7 kappa B (NF-κB), inducible nitric oxide synthase (iNOS), superoxide dismutase (SOD) and
 8 catalase (CAT) in an ABI Prism 7500 system (Applied Biosciences) with primer pairs listed
 9 in table 1. Real-Time PCR data was analyzed and presented as fold change in expression to
 10 the GAPDH housekeeping gene of same sample.



11

12 **Table 1. Primers pairs for RT-PCR**

13 mRNA	Primer sequence (5'-3')
14 iNOS	FP: GTGCCACCTCCAGTCCAG
15	RP:GCTGCCCCAGTTTTTGATCC
16 NF-κB	FP:GCCTTGCATCTAGCCACAGAG
17	RP:GATGTCAGCACCAGCCTTCAG
18 SOD	FP:GACTGAAGGCCTGCATGGATTC
19	RP: CACATCGGCCACACCATCTTTG
20 CAT	CTTCGACCCAAGCAACATGC
21	GATAATTGGGTCCCAGGCGATG
22 GAPDH	FP:GTCGGAGTCAACGGATTTGGTC
23	RP:CTTCCCGTTCTCAGCCTTGAC

24

25 2.7 Statistical analysis

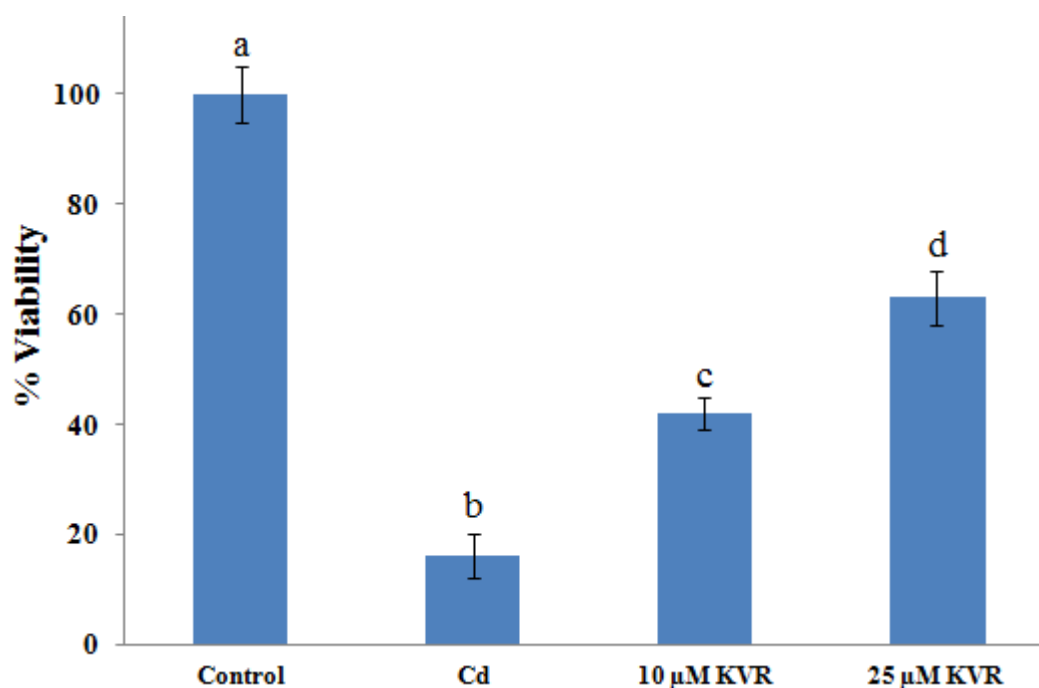
1 **Where appropriate**, data were expressed as mean \pm SEM of six replicates. Data analysis was
2 done using ANOVA followed by Tukey's range test. Differences were considered
3 statistically significant at $p < 0.05$.

4 **3. RESULTS**

5 **3.1 Cytotoxicity and ROS production**

6 The effect of kolaviron on Cd-induced cell death is shown in figure 1. Treatment of U937
7 monocytes with Cd resulted in significant cell death (16.73 ± 4.12 % viability) when
8 compared to untreated controls ($p < 0.05$). However kolaviron reduced Cd-induced cell death
9 **which** was concentration-dependent ($p < 0.05$). Following the DCHF-DA assay, the results
10 further revealed that kolaviron reduced Cd-induced production of ROS in a concentration-
11 dependent manner ($p < 0.05$) (Figure 2).

12



13

14 **Figure 1.** Effect of kolaviron on Cd-induced cell death in U937 monocytes assessed
15 **by MTT reduction assay.** *Cd*, cells treated with cadmium only. *10 μ M KVR*, cells treated
16 *with 10 μ M kolaviron; 25 μ M KVR*, cells treated with 25 μ M KVR before incubating with Cd.

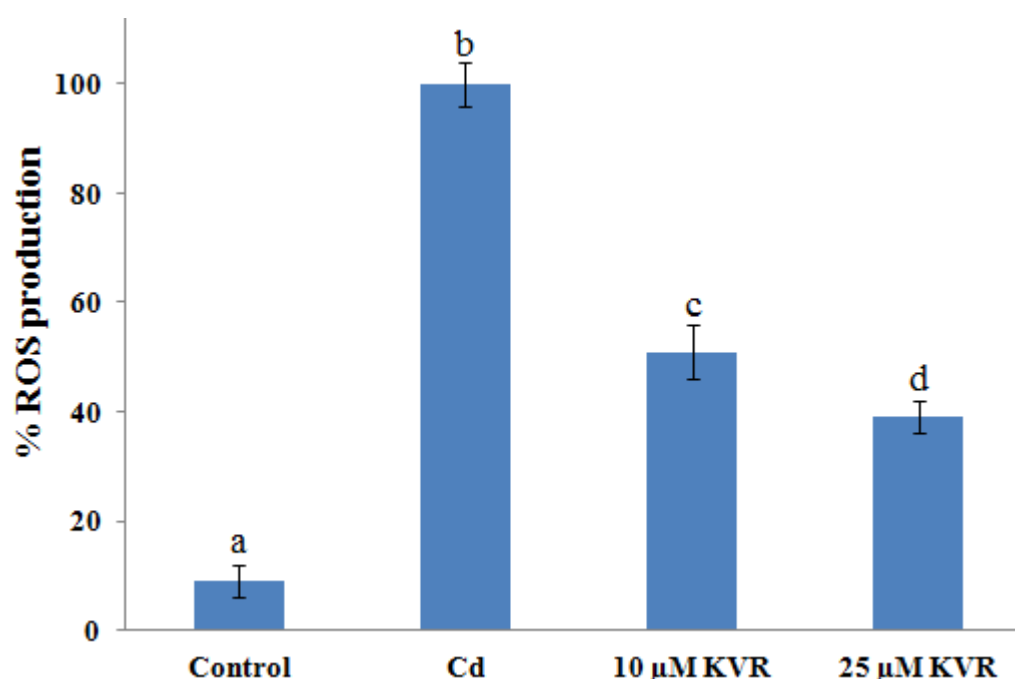
1 Each column represents mean \pm SEM of six replicates. Values having different superscript
 2 letters differ significantly ($p < 0.05$).

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7

8 **Figure 2.** Effect of kolaviron on Cd-induced production of ROS in U937 monocytes.
 9 Cd, cells treated with cadmium only. 10 μ M KVR, cells treated with 10 μ M kolaviron; 25 μ M
 10 KVR, cells treated with 25 μ M KVR before incubating with Cd. Each column represents
 11 mean \pm SEM of six replicates. Values having different superscript letters differ significantly
 12 ($p < 0.05$).

13

14 3.2 Effect of kolaviron on cytokine secretion

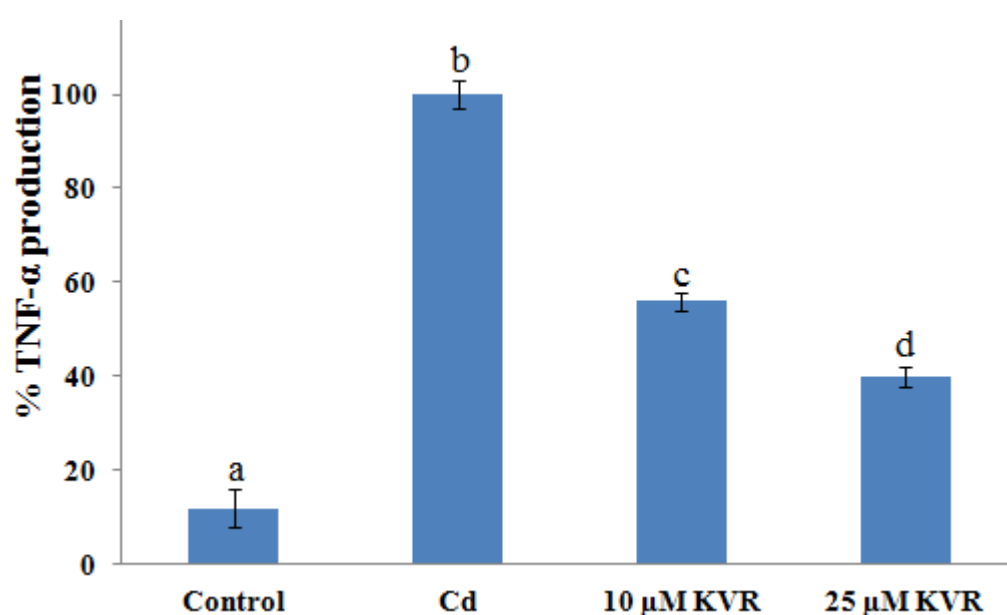
15 In order to investigate the effect of kolaviron on the production of the cytokines, the U937
 16 monocytes were treatment with PMA (transforming them to the macrophage form) before
 17 exposed to kolaviron and Cd. The results revealed that kolaviron significantly reduced Cd-

1 mediated release of the cytokines i.e. TNF- α and IL-6 (Figures 3 and 4). While the reduction
2 of TNF- α secretion was concentration-dependent ($p < 0.05$), the effect on IL-6 secretion was
3 not ($p > 0.05$).

4

5

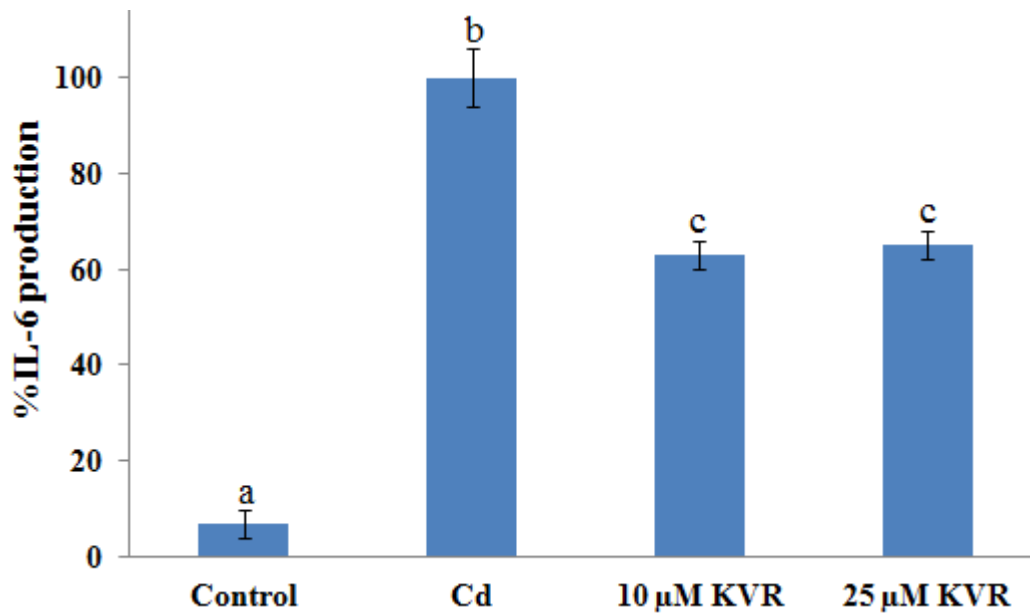
6



7

8 **Figure 3.** Effect of kolaviron on Cd-induced secretion of TNF- α in U937-derived
9 **macrophages.** Cd, cells treated with cadmium only. 10 μ M KVR, cells treated with 10 μ M
10 kolaviron; 25 μ M KVR, cells treated with 25 μ M KVR before incubating with Cd. Each
11 column represents mean \pm SEM of six replicates. Values having different superscript letters
12 differ significantly ($p < 0.05$).

13



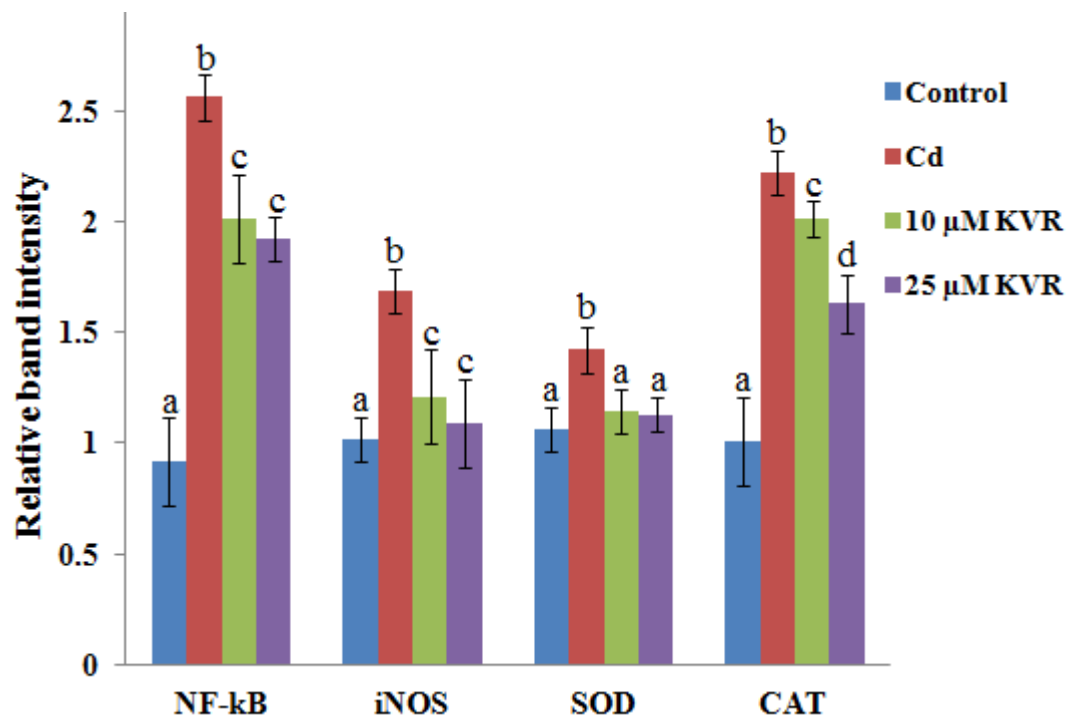
1

2 **Figure 4.** Effect of kolaviron on Cd-induced secretion of IL-6 in U937-derived
 3 **macrophages.** Cd, cells treated with cadmium only. 10 μM KVR, cells treated with 10 μM
 4 kolaviron; 25 μM KVR, cells treated with 25 μM KVR before incubating with Cd. Each
 5 column represents mean ± SEM of six replicates. Values having different superscript letters
 6 differ significantly ($p < 0.05$).

7

8 3.3 Expression of transcription factors and antioxidant enzymes

9 The effect of kolaviron on Cd-induced expression of the transcription factors (NF-κB, iNOS)
 10 and antioxidant enzymes (SOD and CAT) was assessed via RT-PCR (Figure 5). The findings
 11 reveal that Cd significantly up-regulated the expression of NF-κB, iNOS, SOD and CAT
 12 when compared to untreated cells ($p < 0.05$). Incubating the macrophages with kolaviron
 13 prior to the treatment with Cd reduced the expression levels closer to control levels.
 14 However, the effect of kolaviron was only concentration-dependent in the expression of CAT
 15 ($p < 0.05$).



1


2 **Figure 5. Expression of iNOS transcription factors and antioxidant enzymes in U937-**
3 **derived macrophages.** Values are % fold expressions over housekeeping gene GAPDH for
4 RT-PCR of mRNA isolated from U937-derived macrophages. *Cd*, cells treated with cadmium
5 only; *10 μ M KVR*, cells treated with 10 μ M kolaviron; *25 μ M KVR*, cells treated with 25 μ M
6 KVR before incubating with *Cd*. Each column represents mean \pm SEM of six replicates.
7 Values having different superscript letters differ significantly ($p < 0.05$). (Comparisons not
8 made between different markers)

9

10 4. DISCUSSION

11 Cadmium is considered a significant hazard because of its high toxicity at very low levels of
12 exposure coupled with its prolonged half-life (over 20 years) [22]. The heavy metal interferes
13 with several essential biological processes such as uptake of essential metals (e.g. calcium,
14 zinc, Fe), oxidative phosphorylation and basal respiration and the consequences could be cell
15 death [23-25]. This is in accord with the preliminary results of the toxic nature of cadmium.
16 However, the results of the study also revealed that kolaviron reduced cadmium-induced cell
17 death which was concentration-dependent (Figure 1). Flavonoids are cytoprotective because
18 they chelate cadmium thereby reducing its cellular accumulation and enhancing the uptake of

1 essential elements [26]. Cd-induced cell death has been linked to the generation of ROS [27-
2 28]. Cadmium is not a Fenton-like metal so its induction of ROS might be via an indirect
3 mechanism as suggested [23]. The toxicant interferes with the uptake of essential metal ions
4 which are key co-factors to important scavenger proteins such as superoxide dismutase,
5 peroxidase, catalase therefore inactivates them [29]. The metal also stimulates the production
6 of ROS by binding to complex III of the electron transport chain [30-31].

7 Several reports ~~have~~  it that flavonoids are cytoprotective due to their direct antioxidant
8 potential [32-33]. However, flavonoids also possess indirect antioxidant activity as they could
9 induce the up-regulation of glutathione, γ -glutamylcystein ligase, glutathione s-transferase
10 and NAD(P)H:quinine oxidoreductase in different cell systems [34]. Another way flavonoids
11 inhibit cell death is by suppressing oxidative stress [17].

12 Macrophages secrete cytokines (e.g TNF- α and IL-6) when activated and produce NF- κ B and
13 iNOS as part of the inflammatory response [35-36]. Thus Cd activates macrophages as part of
14 the inflammatory response since it induced the secretion of pro-inflammatory cytokines TNF-
15 α and IL-6 and expression of NF- κ B, iNOS in the transformed U937 cells (otherwise known
16 as U937-derived macrophages) (Figures 3 - 5). The excessive release of these factors has
17 been implicated in many pathophysiological responses [37-38]. Nuclear factor kappa-B is a
18 transcription factor that is up-regulated during inflammation and implicated in some disorders
19 [39-40]. The activation of NF- κ B is predisposing to cell death and linked with oxidative
20 stress [41-43]. Thus the induction of NF- κ B may accompany cadmium-induced oxidative
21 damage. Though the monocyte form of the cell line could also release the cytokines,
22 treatment with phorbol esters enhances their transformation to the macrophage form and
23 enables them to maintain cell numbers [44].

1 Nitric oxide is an important ROS produced from arginine in a reaction catalyzed by inducible
2 nitric oxide synthase (iNOS) thus upregulation of iNOS expression is key to oxidation. The
3 expression of iNOS is dependent on the translocation of NF- κ B into the nucleus and their co-
4 expression has been linked to various tissue injuries. Excessive release of pro-inflammatory
5 cytokines and other transcription factors by macrophages has been implicated in organ
6 failure, septic shock, rheumatoid arthritis, asthma, cancer, chronic obstructive pulmonary
7 diseases, viral infections, autoimmune diseases, hypotension and other systemic responses
8 which could be traceable to the production of ROS [45-46]. Thus the inhibition of their
9 expression is therapeutic [47-49].

10 The results from the present investigation revealed that kolaviron reduced Cd-mediated
11 production of the cytokines TNF- α and IL-6 and expression of NF- κ B, iNOS (Figures 3 – 5).
12 Kolaviron has been shown to reduce inflammatory responses by inhibiting the secretion of
13 various cytokines, nitric oxide and downregulation of transcription factors [50-53].
14 Flavonoids also suppress inflammatory processes by inhibiting NF- κ B activation [54].

15 Since treatment of cells with cadmium resulted in the production of ROS, we thought this
16 may also be due to the reduction in the levels of antioxidant enzymes thus the expression of
17 superoxide dismutase (SOD) and catalase (CAT) in U937-derived macrophages was
18 investigated. The results from this current study reveal that Cd (at 10 μ M) increased the
19 expression of both enzymes in the U937-derived macrophages (Figure 5). This seems to be at
20 variance with some reports that Cd suppresses the activity of these enzymes via direct
21 interaction [55-56]. In this experiment, the Cd-mediated elevation of the enzymes could be
22 ascribed to their induction to compensate with the increase in ROS production which has
23 been suggested [57]. The biflavonoid kolaviron reduced the cadmium-mediated production of

1 the antioxidant enzymes via an indirect mechanism which is attributable to the direct
2 scavenging of cadmium. However, this could be further investigated.

3 **5. CONCLUSION**

4 The study reveals that kolaviron reduced Cd-induced cell death/ ROS production in the
5 monocyte cell line U937 and activation of U937-derived macrophages. The production of the
6 cytokines and transcription factors by macrophages is part of the inflammatory response
7 which is implicated in some disorders. Thus the ability of kolaviron to reduce cell death may
8 involve the suppression of the inflammatory response. Since some diseases are traceable to
9 the oxidation by ROS and inflammation signals, kolaviron (and perhaps *Garcinia kola*) could
10 be considered in their management. Even though further follow-up studies are still required,
11 *Garcinia kola* is a valuable resource and should be exploited both nutraceutically and
12 pharmacologically.

13 **CONFLICT OF INTEREST**

14 The authors declare that they have no conflict in interest.

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