**Editor's comments:**

In Mexico, the obesity is defined as BMI equal or more than 30 kg/m$^2$. The overweight is defined as BMI (25-30 kg/m$^2$). Why did you not describe them as indicated by the referee, even though you were written in 110, 111, 146-147 and 275 lines in the results section? You described two tailed value in your study.

**Authors' feedback:**

In the last comment of editor (one week ago), said me to include race of the sample because the definition of obesity is different in Japanese people. My samples only were Mexican (Hispanic) people and we use the WHO definition of the overweight and obesity.